

2019 MN State Meet : JO and XCEL Teams, March 22-24, 2019

Location: Minneapolis Convention Center 1301 Second Ave. S. Minneapolis, MN 55408

Parking: In ramps near the convention center, prices vary (most are a 5-10 min. walk by skyway)

Admission: Visa & MasterCard, cash accepted

Adults: \$15

Children 5-18 and seniors: \$10

Children 4 and under: free

2-day pass: \$25

3-day pass: \$35

Arrive: Please try to have your gymnast check in 15-30 minutes prior to the start of warm up. We would rather be early with extra time to prepare than rushed and unfocused for the competition.

All gymnasts check in with their coaches on the floor.
Please bring your gymnast into the venue and connect her with her coach/team.

Wear: Competition leotard under warm-ups (pants and jacket)
Competition hair (completely pulled back and secured out of face with clips/hairspray)
*Any style (braids, bun, ponytail, etc.) is fine!
Nude color undergarments (if your gymnast wears these)

DON'T Wear: Nail polish, make-up, temporary tattoos or jewelry (deductions can be taken!).

Bring: IGM team backpack or bag (to hold shoes, grips, warm-ups, etc.)
GRIPS! (Remember to grab them from the gym!!)
Water bottle
Healthy, nut-free snack
Your gymnast's USAG membership card (in case!)

Sportsline Photography Reservations: <https://www.sportslinephotography.com/Pages/Girls-Gymnastics-Reservations>

Meet Results: Live results posted on Scoreyourmeet.com and MyUSAGym App.

JO Level 6-10 Schedule:

Friday, March 22: Session 2: Level 8, JrD and Sr A (Jamie and Pia)

Check-in: 10:45-11:15am
Stretch: 11:15am
Intro: 11:35am
Awards: 2:15pm

Session 4: Level 10, ALL (Aneta)

Check-in: 5:15-5:45pm
Stretch: 5:45pm
Intro: 6:05pm
Awards: 9:00pm

Saturday, March 23: Session 5: Level 6, SrC (Juli)

Check-in: 7:30-8:00am
Stretch: 8:00am
Intro: 8:20am
Awards: 11:30am

Session 7: Level 9, JrA (Azia)

Check-in: 3:00-3:30pm
Stretch: 3:30pm
Intro: 3:50pm
Awards: 6:30pm

Sunday, March 24: Session 9: Level 7, JrC (Susie, Brynn, Celsey)

Check-in: 9:00-9:30am
Stretch: 9:30am
Intro: 9:50am
Awards: 12:45pm

Session 10: Level 7, JrA and JrE (Jules, Annika, Olivia)

Check-in: 12:30-1:00pm
Stretch: 1:00pm
Intro: 1:20pm
Awards: 4:15pm

Session 11: Level 7, SrC and SrD (Sienna, Brooklyn)

Check-in: 4:00-4:30pm
Stretch: 4:30pm
Intro: 4:50pm
Awards: 7:45pm

XCEL Gold-Diamond Schedule:

Friday, March 22: Session 2: Gold (Lizzie)

Check-in: 4:15-4:45pm
Stretch: 4:45pm
Intro: 5:05pm
Awards: 7:30pm

Saturday, March 23: Session 3: Gold (Kelsi, Solvej)

Check-in: 10:15-10:45am
Stretch: 10:45am
Intro: 11:05am
Awards: 1:30pm

Session 4: Gold (Emma, Anna)

Check-in: 1:15-1:45pm
Stretch: 1:45pm
Intro: 2:05pm
Awards: 4:30pm

Session 5: Gold (Corinne, Melody, Kaylee, Hailey, Skyler)

Check-in: 4:15-4:45pm
Stretch: 4:45pm
Intro: 5:05pm
Awards: 7:30pm

Sunday, March 24: Session 6: Platinum (Brooke, Mari)

Check-in: 7:30-8:00am
Stretch: 8:00am
Intro: 8:20am
Awards: 11:20am

Session 8: Platinum (Kelsey, Abigail)

Check-in: 2:40-3:10pm
Stretch: 3:10pm
Intro: 3:30pm
Awards: 6:30pm

Session 9: Diamond (Chloe, Jadyn)

Check-in: 6:00-6:30pm
Stretch: 6:30pm
Intro: 6:50pm
Awards: 10:00pm